

PROGRAMMATIC ASSESSMENTS



Comprehensive (On-Site or Virtual) Online Self-Study and External Review

USCAH provides independent, and unbiased review and consultation for partner institutions as it pertains to standards of care and industry best practices. The assessments cover 300+ unique elements within six principles of athletics healthcare delivery systems.

The six USCAH principles help to delineate important aspects of a sports health and performance program. These principles are the cornerstone of athlete health care and safety analysis and provide a common language to engage in conversations about program strengths, opportunities for growth and improvement, overall effectiveness, and optimal athlete health care. The USCAH principles were developed by leading experts in their fields, who applied professional knowledge, evidence of effective practice, and the best available research to design a set of robust standards that define institution quality and guide continuous improvement.

- Principle 1: Staffing and Personnel**
- Principle 2: Evaluations and Feedback**
- Principle 3: Medical Coverage**
- Principle 4: Delivery and Documentation of Services**
- Principle 5: Policy Programming and Education Compliance**
- Principle 6: Support and Resource Systems**

Step 1: Enroll Department Leader(s) into Online Assessment through Athletics Healthspace

Step 2: USCAH creates report and develops feedback and recommendations related to best practices and industry minimum standards.

- For partners purchasing the Online Self-Study and External Review, the report is now delivered to the institution.

Step 3: Process Continues for Partners purchasing the Comprehensive Review (On-Site or Virtual)

- Develop student-athlete survey for comprehensive perception of student-athlete healthcare delivery (if desired by partner)
- Develop itinerary and schedule Focus Groups for in depth analysis and review of all student-athlete support departments
- USCAH adds content from Focus Groups into Final Report
- Executive Presentation is developed and delivered to all relevant stakeholders at the institution.
- Executive Summary is created (if desired by partner).
- All materials are delivered to partner in a manner consistent with respective university practices.

	Online Self-Study and External Review	Comprehensive (On-Site/ Virtual)
Abbreviated Online Assessment completed by one Medical Services Department Leader	✓	✗
Comprehensive Online Assessment completed by all Department Leaders:		
<ul style="list-style-type: none"> • Administrative Oversight • Medical Services • Team Physician • Physical Therapy • Strength and Conditioning • Behavioral Health Services • Nutrition Services • Sport Science/Performance Laboratory 	✗	✓
Focus Group Interviews with all Stakeholders		
<ul style="list-style-type: none"> • Administrators • Medical Services Team • Team Physicians • Physical Therapist • Strength and Conditioning Professionals • Behavioral Health Personnel • Nutrition Services Personnel • Sport Science/Performance Laboratory Personnel • Student-Athletes • Coaches • Other relevant stakeholders as requested 	✗	✓
Student-Athlete Survey (as requested)	✗	✓
Executive Summary	✗	✓
Executive Presentation	✗	✓
Comprehensive Analysis and Final Report	✓	✓

The U.S. Council for Athletes' Health provides independent, third-party athlete health and safety consultation, education and compliance from a team of experts with nearly 300 years of experience in athletics healthcare and administration.

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USCAH is intricately knowledgeable in the areas of privacy and data sharing and will protect the information collected as necessary and as required by Federal and State laws including the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA).

COMMIT TO THE HEALTH, SAFETY, AND WELLNESS OF YOUR ATHLETES

Contact USCAH at info@uscah.com for more information regarding partner services.